

Augustana Regent

At Burnsville

Dinner Menu for January 30th-February 5th, 2012



| Monday January 30th | Tuesday January 31st | Wednesday February 1st | Thursday February 2nd | Friday February 3rd | Saturday February 4th | Sunday February 5th |
|---|---|---|--|--|---|---|
| <p><u>Soup of the Day</u> ♥ Beef & Barley</p> | <p><u>Soup of the Day</u> ♥ Chicken & Wild Rice</p> | <p><u>Soup of the Day</u> ♥ Cream of Mushroom</p> | <p><u>Soup of the Day</u> Split Pea & Ham</p> | <p><u>Soup of the Day</u> ♥ Harvest Vegetable</p> | <p><u>Soup of the Day</u> French Onion</p> | <p><u>Soup of the Day</u> Tomato-Basil</p> |
| <p><u>Dinner Specialties</u> Spinach & Artichoke Chicken with Baked Russet Potato <i>Or</i> Chopped Antipasto Salad with Breadstick</p> | <p><u>Dinner Specialties</u> Cheese Manicotti with Garlic Toast <i>Or</i> Beef & Cheddar Sandwich with Curley Fries</p> | <p><u>Dinner Specialties</u> ♥ Orange Chicken with Jasmine Rice <i>Or</i> Meatloaf with Mashed Potatoes & Gravy</p> | <p><u>Dinner Specialties</u> ♥ Roasted Chicken Rosemary Potatoes <i>Or</i> Stuffed Green Peppers with Garlic Mashed Potatoes</p> | <p><u>Dinner Specialties</u> ♥ Shrimp on the Barbie with Wild Rice Pilaf <i>Or</i> Blackened Pork Chop with Twice Baked Potato</p> | <p><u>Dinner Specialties</u> ♥ Grilled Vegetables over Whole Wheat Pasta <i>Or</i> Steak & Fries with Cabernet Butter</p> | <p><u>Dinner Specialties</u> Baked Ham with Sour Cream & Chive Mashed Potatoes <i>Or</i> Swedish Meatballs Over Egg Noodles</p> |
| <p><u>Vegetable Sides</u> Spinach <i>Or</i> Broccoli</p> | <p><u>Vegetable Sides</u> Peas <i>Or</i> Cauliflower</p> | <p><u>Vegetable Sides</u> Red Cabbage <i>Or</i> Corn</p> | <p><u>Vegetable Sides</u> Squash <i>Or</i> Green Beans</p> | <p><u>Vegetable Sides</u> Wax Beans <i>Or</i> Carrots</p> | <p><u>Vegetable Sides</u> Stewed Tomatoes <i>Or</i> Asparagus</p> | <p><u>Vegetable Sides</u> California Blend <i>Or</i> Brussels Sprouts</p> |

♥ = Lower Sodium Choices

