

Augustana Regent

At Burnsville

Dinner Menu January 7th-13th, 2019

Monday January 7th	Tuesday January 8th	Wednesday January 9th	Thursday January 10th	Friday January 11th	Saturday January 12th	Sunday January 13th
<u>Soup of the Day</u> Lentil	<u>Soup of the Day</u> ♥ Garden Vegetable	<u>Soup of the Day</u> ♥ Chicken & Dumpling	<u>Soup of the Day</u> Split Pea	<u>Soup of the Day</u> Clam Chowder	<u>Soup of the Day</u> ♥ Turkey Noodle	<u>Soup of the Day</u> Cream of Tomato
<u>Dinner Specialties</u> ♥ Crab Cakes Creole Remoulade <i>Or</i> Pulled Pork Sandwich with House Cut Fries	<u>Dinner Specialties</u> Fried Chicken Mashed Potatoes & Gravy <i>Or</i> Linguini with Meat Sauce	<u>Dinner Specialties</u> Sweet & Sour Chicken White Rice <i>Or</i> Smothered Pork Chop Baked Potato	<u>Dinner Specialties</u> ♥ Beef Stroganoff Over Egg Noodle <i>Or</i> Baked Ham Sweet Potato	<u>Dinner Specialties</u> Beer Bratwurst Baked Beans <i>Or</i> ♥ Herb Crusted Tilapia Herbed Mashed Potatoes	<u>Dinner Specialties</u> ♥ Seafood Salad Pickled Beets <i>Or</i> Chili-Mac	<u>Dinner Specialties</u> ♥ Spinach & Cheese Quiche with Blueberry Muffin <i>Or</i> Supreme Pizza
<u>Vegetable Sides</u> Peas <i>Or</i> Cauliflower	<u>Vegetable Sides</u> Oriental Blend <i>Or</i> Green Beans	<u>Vegetable Sides</u> Sugar Snap Peas <i>Or</i> Cauliflower	<u>Vegetable Sides</u> Beets <i>Or</i> Broccoli	<u>Vegetable Sides</u> Corn <i>Or</i> Spinach	<u>Vegetable Sides</u> California Blend <i>Or</i> Peas & Carrots	<u>Vegetable Sides</u> Carrot <i>Or</i> Brussels Sprout

♥ = Lower Sodium Choices

Diabetic Option = 1/2 portion of any entrée

Gluten-Free choices available daily