

Augustana Regent

At Burnsville

Dinner Menu for January 14th-20th, 2019



Monday January 14th	Tuesday January 15th	Wednesday January 16th	Thursday January 17th	Friday January 18th	Saturday January 19th	Sunday January 20th
<u>Soup of the Day</u> ♥ Cream of Broccoli	<u>Soup of the Day</u> ♥ Beef Vegetable	<u>Soup of the Day</u> ♥ Corn Chowder	<u>Soup of the Day</u> ♥ Chicken & Rice	<u>Soup of the Day</u> ♥ Chicken Noodle	<u>Soup of the Day</u> Baked Potato Soup	<u>Soup of the Day</u> ♥ Tortilla
<u>Dinner Specialties</u> ♥ Cranberry Turkey Salad on Croissant With Pickled Beets <i>Or</i> ♥Pork Roast with Pan Gravy & Mashed Potatoes	<u>Dinner Specialties</u> Chicken Kiev Roasted Onion Mashed Potato <i>Or</i> Goulash	<u>Dinner Specialties</u> ♥Broiled Walleye Wild Rice Pilaf <i>Or</i> Stuffed Shells Marinara Sauce	<u>Dinner Specialties</u> Cashew Chicken Brown Rice <i>Or</i> Stuffed Green Pepper Mashed Potatoes	<u>Dinner Specialties</u> ♥ Fried Tiger Shrimp Potato Wedges <i>Or</i> Teriyaki Chicken White Rice	<u>Dinner Specialties</u> ♥ Taco Salad Cornbread Muffin <i>Or</i> Swiss Steak Mashed Potatoes & Gravy	<u>Dinner Specialties</u> ♥ Roast Beef Mashed Potatoes <i>Or</i> Vegetable Lasagna Garlic Toast
<u>Vegetable Sides</u> Green Beans <i>Or</i> California Blend	<u>Vegetable</u> Fresh Asparagus <i>Or</i> Mixed Vegetables	<u>Vegetable Side</u> Italian Blend <i>Or</i> Brussels Sprouts	<u>Vegetable Side</u> Cauliflower <i>Or</i> Wax Beans	<u>Vegetable Sides</u> Squash <i>Or</i> Broccoli	<u>Vegetable Sides</u> <i>Carrots</i> <i>Or</i> Peas	<u>Vegetable Sides</u> Oriental Blend <i>Or</i> Corn

♥ = Lower Sodium Choices

Diabetic Option = 1/2 Portion of any entrée

Gluten-Free Choices available daily